CORE COURSE 1 (CC 1) CHILDHOOD AND GROWING UP

Total Credits: 6 Total Marks: 100

Objectives:

- 1. To develop an understanding of the Principles of development.
- 2. To develop an understanding of the concept of development within a pluralistic society.
- 3. To develop an appreciation of the child development in socio- cultural context.
- 4. To apply the knowledge of the methods and approaches of child development.
- 5. To examine the theoretical perspectives of child development.
- 6. To analyze the Issues and Implications of changing family structure and parenting on growing up in a pluralistic society.
- 7. To develop an understanding of looking at one's own self, feeling and emotion.
- 8. To reflect on how we relate to the world through emotions.

MODULE 1: PROCESS OF HUMAN DEVELOPMENT (2 Credits)

Unit 1: Growth and Development of a Child

- a) Meaning and principles of growth and Development and its difference.
- b) Stages of growth and development (Later childhood and Adolescence)
- c) Role of school in growth and development of a child.

Unit 2: Developmental Process-

- a) Genetic background and Development.
- b) Trends in development (Developmental direction, Differentiation and integration and Cumulative influence)
- c) Maturation

Unit 3: Context of Development:

- a) Child Development as a multidimensional concept within a pluralistic society (physical, Emotional and Social)
- b) Impact of different parenting styles on child development (4)
- c) Child development in socio- cultural context: Interplay of poverty, caste, gender and tribal communities.

MODULE 2: PERSPECTIVES OF HUMAN DEVELOPEMENT (2 Credits)

Unit 4: Methods and Approaches of Studying Human development

- a) Methods: Observation (Participatory And Non- Participatory)
- b) Experimental & Clinical.
- c) Approaches: Cross Sectional, Cross Cultural, Longitudinal.

Unit 5: Theoretical Perspectives:

- a) Piaget's Theory of cognitive development.
- b) Kolhberg's & Errickson's theory
- c) Urin Brofenbrenner theory on Ecological System

Unit 6: Self and Emotions

- a) Formation of self (Self-concept, self-esteem, Self-efficacy)
- b) Emotions: Goleman's Theory of Emotional Intelligence
- c) Identity crisis- Marcian Theory

MODULE 3: INTERNAL ASSESSMENT

(2 Credits)

Sr. No	Particulars	Marks
1	Task/Assignment/ Activity for each module held in the semester (2X10)	20
2	One periodical class test held in the given Semester	15
3	One Essay test held in the given Semester	05
	Total	40

Any two of the following tasks:

- a) Task (any one)
 - Case study of any school which has a positive impact on the overall growth and development of its students
 - Observe an adolescent and conduct a case study on his overall development
 - Present the biography of any one Psychologists using creative techniques
- b) Psychological Tests (any one)
 - Emotional Intelligence test
 - Test on Self- Esteem
 - Test on Self Efficacy
- c) Seminar presentation/Poster making/Scrap Book on any relevant topic from the course.

- Bhatia, H. R. (1973). *Elements of Educational Psychology*, 5th edition, Orient Longman.
- Bigge, M. L. (1982). *Learning Theories for Teachers, (4th edition)*. New York, Harper and Row Publishers, P.P. 89-90.
- Bolles, R. C. (1975): *Learning Theory*. New York, Holt, Rinehart and Winston, P.P. 18-19.
- Chauhan, S.S. (1978): Advanced Educational Psychology, Vikas Publishing house Pvt. Ltd., New Delhi.
- Dandapani, S. (2001), *A textbook of Advanced Educational Psychology*. New Delhi: Anmol Publications.
- Dunn, R. (1983). Can students identify their own Learning Styles? *Educational Leadership*, 40, P.P. 60-62.
- Dash, M. (1988). *Educational Psychology*. Delhi: Deep and Deep Publication.
- Duric, L. (1975). *Performance of Pupils in the Process of Instruction*. Bratislava, SPN, P.P. 54-90.
- Duric, L. (1990). *Educational Sciences: Essentials of Educational Psychology*. International Bureau of Education, UNESCO, New Delhi, Sterling Publishers, P.
- Fontana, D. (1995). *Psychology for Teachers (3rd edition)*. The British Psychological Society, London: McMillan in association with BPS Books.
- Kundu C.L. and Tutoo D.N. (1993): Educational Psychology, Sterling Publishers Pvt. Ltd.
- Lindgren, H. C. (1967). *Educational Psychology in Classroom (3rd edition)*. New York: John Wiley and sons.

- Mangal, S. K. (1984). *Psychological Foundations of Education*. Ludhiana: Prakash Publishers
- Mohan J. and Vasudeva P. N. (1993). Learning Theories and Teaching, In Mohan Jitendra (ed.) *Educational Psychology*, New Delhi, Wiley Eastern Limited, P. 146.
- Oza, D. J. and Ronak, R. P. (2011). *Management of behavioral problems of children with mental retardation*. Germany: VDM publication.
- Papalia D. E., and Sally, W. O. (1978). *Human Development*. McGraw Hill Publishing Company
- Phens, J. M., and Evans, E. D. (1973). *Development and Classroom Learning:* An Introduction to Educational Psychology. New York: Holt Rinehart and Winston Inc.
- Tessmer, M., and Jonassen, D. (1988). Learning Strategies: A New Instructional Technology. In Harris Duncun (1988) *Education for the New Technologies, World Year Book of Education*. London: Kogan page Inc
- Skinner, E. C. (1984). *Educational Psychology-4th Edition*. New Delhi: Prentice Hall of India Pvt. Ltd.
- Spinthall, N., and Spinthall, R. C. (1990). *Educational Psychology 5th Edition*. McGraw Hill Publishing Company.
- Cole, M., (1996). The Development of Children. New York: Worth publishers
- Crain, W., (2005). Theories of Development (5th Edition). Pearson
- Kanga, F., (1991). Trying to Grow. New Delhi: Ravi Dayal Publishers
- Mukunda, K. (2009). What did you ask at school today? Noida: Harper Collins Publishers.
- Munsinger, H., (1975) (edited) Readings in Child Development. New York: Holt Rinehart Winson
- Sharma, N., (2003). Understanding Adolescence. New Delhi: NBT
- Wadia, H. Confining childhood in India. Web source: http://infochangeindia.org/index2.php?option=com_content&do_pdf=1&id=8691
- Weiner.M.,(1995). The child and the state in India: Child labor and education policies in comparative perspective. Oxford University Press

CORE COURSE 2 (CC 2) KNOWLEDGE AND CURRICULUM

Total Credits: 6
Total Marks: 100

Objectives:

- 1. To develop understanding into the epistemological basis of education
- 2. To develop understanding of modern child-centered education.
- 3. To develop understanding social and cultural influence on education
- 4. To develop understanding into curriculum, its determinants , process and evaluation
- 5. To examine relationship of curriculum to education
- 6. To gain insight into the need for curriculum reforms

MODULE 1: UNDERSTANDING KNOWLEDGE AND ITS RELATION TO EDUCATION (2 Credits)

Unit 1: Perspectives of Knowledge and Education

- a) Knowledge:
 - i. Meaning and characteristics of knowledge
 - ii. Types of knowledge: Philosophical perspective (Personal, Propositional and Procedural) Educational perspective: (Conceptual, Strategic and situational)
- b) Education: Meaning(etymological), definitions and characteristics of Education
- c) Epistemological basis of education: distinction between knowledge and information, teaching and training.

Unit 2: Contribution of Educational thinkers in the field of Education (with reference to principles, aims, curriculum, method, and relevance.)

- a) M.K. Gandhi
- b) John Dewey
- c) Paulo Freire

Unit 3: Social and Cultural Context of Education

- a) Changes in education due to industrialisation, democracy and individual autonomy.
- b) Understanding Education in relation to equity, equality and social justice (B.R. Ambedkar).
- c) Interrelationship of education with reference to Nationalism (Krishnamurti) and Secularism (Tagore)

MODULE 2: DEVELOPMENT OF CURRICULUM AND ITS RELATION TO EDUCATION (2 Credits)

Unit 4: Curriculum – Concept, Types and Determinants

- a) Curriculum Meaning and Concept of curriculum, Relationship with Curriculum framework, Syllabus and Textbooks
- b) Determinants of Curriculum (Philosophical, Psychological, Sociological, Political)
- c) Types of curriculum (Subject-centred and child-centred; Hidden curriculum and enacted curriculum)

Unit 5: Curriculum Development

- a) Principles of curriculum development
- b) Steps of curriculum development (aims and objectives, content analysis, learning experiences and evaluation)
- c) Participatory approach to curriculum development: Representation of social groups in curriculum construction.

Unit 6: Curriculum Implementation and Evaluation

- a) Teachers' role in the implementation of the set curriculum.
- b) Need and evaluation of effective curriculum construction with reference to existing pedagogies and Instructional approaches, teacher training, textbooks and instructional materials.
- c) Role of NCERT in curriculum reform

MODULE 3: INTERNAL ASSESSMENT

(2 Credits)

Sr. No	Particulars	Marks
1	Task/Assignment/ Activity for each module held in the semester (2X10)	20
2	One periodical class test held in the given Semester	15
3	One Essay test held in the given Semester	05
	Total	40

Any two of the following tasks:

- a) Seminar Presentation: on philosophy and practice of education advocated by Gandhi, Dewey and Freire.
- b) Critical Writing: Critically examine role of hidden curriculum with reference to school rituals, celebrations and rules & discipline
- c) Review of NEP 2020 with reference to Child Centered Education.
- d) Relevance of _Shantiniketan _in present context.

References:

- Aggrawal, J. C., & Gupta, S. (2005). Curriculum Development. New Delhi: Shipra Publisher.
- Alexander, W. M., & Saylor, J. G. (1966). Curriculum Planning for modern schools, New York: Holt, Rinhart and Winston Inc.
- Balrara, M. (1999). Principles of Curriculum Renewal. New Delhi: Kanishka Publishers.
- Chandra, A. (1977). Curriculum Development and Evaluation in education. New Delhi: Sterling Publishers.

• Darji, D. R., &Lulla, B. P. (1967). Curriculum development in secondary schools of Baroda. Baroda: Sadhana Press.

- D'Costa, Agnes R. (2016) Knowledge and Curriculum, Mumbai Himalaya Publishing House
- Erickson, H.L.(2007) concept based curriculum and instruction for the thinking classroom California; Corwin press
- Freire, P. (1998). Pedagogy of freedom: Ethics, democracy, and civic courage. Rowman & Littlefield.
- Freire, P. (2000). Pedagogy of the oppressed, Continuum.

- Hassrin, M. (2004). Curriculum Planning for elementary education. New Delhi: Anmol Publishers.
- Herbert, J. W. & Geneva, D. H. (1990). International Encyclopedia of Education Evaluation. New York: Pergamon Press Oxford House.
- Jenkins, D., & Shifrnan, D.M. (1976). Curriculum: an introduction. London: Pitman Publishing House.
- Jhompson K., and White, J. C. (1975). Curriculum development. London: Pitman Publishing
- Khan.M.I. and Nigam,B.K.(2007).Curriculum reform change and continuity. New Delhi; Kanishka publication
- Krishnamurti, J. (1992). *Education and world peace*. In Social responsibility. Krishnamurti Foundation
- Kumari, S., and Srivastava, D. S. (2005). Curriculum and Instruction. New Delhi: Shipra Publishers.
- Macdonald, B., & Walker, R. (1976). Changing the Curriculum. Britain: Pitman Press.
- Musgrave, P. W. (1974). Contemporary studies in the Curriculum. Australia: Angus and Roberston Publishers.
- Nigam, B. K., & Khan, I. M. (1993). Evaluation and research in Curriculum Construction. New Delhi: Kaniska Publishers.
- Ornsttein, A. C. & Hunkins, F.P. (1988). Curriculum foundations, Principles and issues New jersey prentice hall
- Panday, M. (2007). Principles of Curriculum Development. New Delhi; Rajat publications Rajput, J. S. (2004).
- Encyclopaedia of Indian Education. New Delhi: NCERT.
- Satyanarayan, P.V. (2004). Curriculum development and management. New Delhi: DPH.
- Sharma, R. (2002). Modern methods of Curriculum Organisation. Jaipur: Book Enclave.
- Sharma, S. R. (1999). Issues in Curriculum Administration. New Delhi: Pearl Publishing House.
- Sockett, H. (1976). Designing the Curriculum. Britain: Pitman Press.
- Srivastava, H. S. (2006). Curriculum and methods of teaching New Delhi: Shipra Publishers.
- Tata, H. (1962). Curriculum development theory & practice. New York: Harcourt, Brace & World Inc.
- Tagore, R. (2003). Civilization *and progress*. in Crisis in civilization and other essays New Delhi: Rupa & co.
- Yadav, Y.P. (2006). Fundamentals of Curriculum design. New Delhi; Shri Sai
 Printographers
 Click here: First page

INTERDISCIPLINARY COURSE 1 (IC 1) GENDER, SCHOOL AND SOCIETY

Total Credits: 6 Total Marks: 100

Objectives:

- 1. To acquaint the student teachers with the concept of gendered roles in society and their challenges.
- 2. To develop basic understanding and familiarity with key concepts-gender, gender bias, gender stereotype, empowerment, gender parity, equity and equality, patriarchy and feminism and transgender.
- 3. To understand the influence of social institutions (family, caste, class, religion, region,) on inclusion and gender identity
- 4. To examine the role of schools, peers, teachers, curriculum and textbooks, etc. in challenging inclusion and gender inequalities /reinforcing gender parity.
- 5. To develop an understanding about policies, plans and schemes of the government for addressing all forms of disparities, inequalities and their inclusion in the society
- 6. To critically appraise the role of media in reinforcing inclusion and gender roles in the popular culture and at school.
- 7. To appreciate the role of NGOs and Government organisations in sensitizing society towards inclusion and gender parity

MODULE 1: GENDER AND SOCIALIZATION

(2 Credits)

Unit 1: Gender: Concept and Perspectives

- a) Concept of sex, gender and transgender
- b) Gender related concepts: patriarchy, feminism, equity and equality, sexuality.
- c) Emergence of gender specific roles: sociological and psychological perspectives.

Unit 2: Social Construction of Gender Identity

- a) Influence of family, caste, religion, the media and popular culture(films, advertisements, songs) on gender identity.
- b) Gender bias: health and nutrition, education, and employment.
- c) Gender stereotyping

Unit 3: Gender Issues and Provisions

- a) Gender related issues in society: dowry system, work place discrimination
- b) Sexual abuse, cyber bullying
- c) National Policy for Empowerment of women

MODULE 2: GENDER: EDUCATION AND EMPOWERMENT (2 Credits)

Unit 4: Gender Challenges and Education

- a) Gender challenges: The role of schools, peers, teachers, curriculum and textbooks in eliminating gender discrimination.
- b) Construct of gender in national curriculum framework
- c) Contemporary women role models in India: urban and rural

Unit 5: Gender Jurisprudences in Indian Context

a) Prenatal diagnostic Technique Act, 1994

- b) Domestic Violence Act, 2005
- c) Protection of from Sexual Offences (POCSO) Act, 2012

Unit 6: Strategies for Gender Empowerment

- a) Millennium Development: Goal: Promoting gender equality and empowerment
- b) National commission for women 1990
- c) The role of NGO's and womens action groups in striving towards gender equity

MODULE 3: INTERNAL ASSESSMENT

(2 Credits)

Sr. No	Particulars	Marks
1	Task/Assignment/ Activity for each module held in the semester (2X10)	20
2	One periodical class test held in the given Semester	15
3	One Essay test held in the given Semester	05
	Total	40

Any two of the following tasks:

- a) Gender analysis of text books and suggestions for change (any one from 5^{th} to 10^{th} std and for commerce 11^{th} and 12^{th}
- b) Critical analysis of depiction of women in mass media (ads/serials/films/print media)
- c) Visits to institutions working for women's welfare and Report writing
- d) Conduct and submit the report on Poster Competitions, Slogan Competitions and blog writing.

- Bhasin Kamala: Understanding gender, kali for women, N. Delhi,2000
- Basu Aparna: Women's Education in India in Ray and Basu (edt): From Independence Towards Freedom, OUP, 1999
- Chodhuri Maitreyee (2004): Feminism in India, Women Unlimited, New Delhi
- Chakravarty Uma: Gendering caste through a feminist Lense, Stree, Calcutta, 2003.
- Courting Disaster, PUDR report, 2003.
- Davis Kathy, Evans Mary, Lorber, J (edt) (2006): Handbook of Gender and Women's studies, Sage, UK.
- Delamont Sara: Feminist Sociology 8. Feminist Concepts, Contribution to women's studies series, Part-I, II, III, RCWS, Mumbai
- Desai, Neera and Thakkar, Usha. (2001). Women in Indian Society. National Book Trust, New Delhi
- Dunne, M. et al. (2003). Gender and Violence in Schools. UNESCO
- Freedman Jane: Feminism, Viva Books, New Delhi, 2002.
- Gender Analysis of School Curriculum and Text Books UNESCO, Islamabad, 2004 Principal Author ... Gender Analysis of Primary School Textbooks in Punjab.
- Kirk Jackie (ed), (2008), Women Teaching in South Asia, SAGE, New Delhi
- Leach, Fiona. (2003). Practising Gender Analysis in Education, Oxfam
- NCERT 2006, National Curriculum Framework 2005: Position Paper, National Focus Group on Gender Issues in Education, New Delhi

ABILITY COURSE 1 (AB 1) CRITICAL UNDERSTANDING OF ICT

Total Credits: 3

Total Marks: 50 (Internal)

Objectives

- 1. To develop an understanding of the concept of ICT
- 2. To practice safe and ethical ways of using ICT.
- 3. To use ICT in Teaching Learning, Administration, Evaluation and Research.
- 4. To design, develop and use ICT based learning resources.
- 5. To develop an understanding of the concept of Open Education Resources and Creative Commons in education.
- 6. To evaluate ICT based learning resources.
- 7. To adopt mobile learning, open learning and social learning in the classroom.

MODULE 1: ICT IN EDUCATION AND ITS IMPLICATIONS (1 Credit)

Unit 1: Understanding of ICT in Education

- a) Information and Communication Technology: Concept and Importance
- b) Role of teacher in ICT enabled education Administrator, Facilitator and Evaluator
- c) Legal and ethical issues in the use of ICT Hacking, Violating of copyright, Plagiarism

Unit 2: Designing Technology Integrated Learning Experiences

- a) Instructional Design –Develop ADDIE model Instructional Design based on School topic.
- b) Develop Learning Resources on a topic using ICT tools (Script writing and Story board) and Critically evaluate it by using rubrics
- c) Learning Management System (LMS) Concept, Features and Applications

MODULE 2: TEACHER AND ICT ENABLED ADMINISTRATION, EVALUATION AND RESEARCH (1 Credit)

Unit 3: Emerging Trends in E-learning

- a) Mobile learning Concept, Features and uses of any ONE Mobile application for teaching and learning.
- b) Social learning- Concept, Use of web2.0 tools for learning (Social networking site, Blog, Chat, Video conferencing, Discussion forum)
- c) Open Educational Resources, Creative Common, Massive Open Online Courses (MOOCs) Concept and Applications

Unit 4: Use of ICT in Evaluation, Administration and Research

- a) e Portfolio Concept and Development
- b) ICT for Research-Online Repositories & Online Libraries
- c) Online and offline assessment tools (Online Survey tools or Test generators) -Concept and development

MODULE 3: SUGGESTED TASK/ASSIGNMENT ACTIVITIES (ANY FOUR)

(1 Credit)

- a) Select a case study/report related to legal and ethical issues in use of ICT. Discuss your case using any mode of online discussion forum. Submit the screenshots of your group discussion.
- b) Develop and critically evaluate a CAI package (Script writing and Story Board) using ADDIE model of Instructional design for any topic of your choice.
- c) Using any LMS carry out the following activities for facilitating learning in any of the unit of your choice:
 - Identify resources for a topic of your choice and upload it.
 - Use any discussion forum available for the discussion on the uploaded learning material.
 - Generate a test.
- d) Submit a reflective report on it.
- e) Develop and Manage a Social Networking site /Blog / Chat forum for college based on ICT course. Submit the report for the same with empirical evidences.
- f) Select a topic relevant to education, collect Open Educational Resources (Text, Multimedia, Website references) and analyze the type of license used in the Open Educational Resources. Submit the report for the same with evidences.
- g) Select an educational problem and conduct an online survey. Submit a report on the procedure and analysis of the survey result along with screen shot.

- Goel, D. R., and Joshi, P. (1999). A Manual for INTERNET Awareness. CASE: The M. S. University of Baroda Press.
- Mahapatra, B.C. (2006). Education in Cybernatic Age. New Delhi: Sarup Sons.
- Mansfield, R. (1993). The Compact Guide to Windows.World and Excel. New Delhi: BPB Publishing.
- Saxena, S. (1999). A first course in computers. New Delhi: Vikas Publishing House.
- Tanenbaum, A. S. (1996). Computer Networks. New Delhi: Pretince Hall of India.
- Walkenbach, J. (1997). Excel 97 Bible. New Delhi: Comdex Computer Publishing.
- Khirwadkar, A. (2005). Information & Communication Technology in Education. New Delhi: Sarup & Sons.
- Khirwadkar, A. (2010). e-learning Methodology: Perspectives on the Instructional Design for Virtual Classrooms. New Delhi: Sarup Book Publication Ltd.

AUDIT COURSE 1 (AC 1) DRAMA AND ART IN EDUCATION

Total Credits: 3

(To be certified by the Institute in Semester IV)

Objectives

- 1. To have a practical experience with drama and art.
- 2. To be acquainted with the concepts thus enhancing their understanding of drama and art.
- 3. To be acquainted with aspects of theatre management.
- 4. To integrate drama and art in the school curriculum.
- 5. To develop their aesthetic sensibilities.
- 6. To elucidate the role of drama and art in self- realization of learners.
- 7. To sensitize learners on the use of drama and art for special learners.
- 8. To highlight the use of drama and art in creative expression.
- 9. To perceive the social and environmental issues through drama and art.
- 10. To develop understanding of the local culture through drama and art.
- 11. To widen the understanding of learners by integrating global culture.

MODULE 1: UNDERSTANDING DRAMA AND ART IN EDUCATION

(1 Credit)

Unit 1: Introduction to Concepts of Drama and Art

- a) Forms of Drama and Art Visual and Performing
- b) Elements of Drama and Art
- c) Understanding stagecraft and audience etiquettes (set designing, costumes, props, lights, and special effects) and audience etiquettes

Unit 2: Application of Drama and Art in Academics

- a) Functions of Drama and Art Information, Instructive, Persuasive, Educative, Entertainment, Development
- b) Integration of Drama and Art in the school curriculum
- c) Developing aesthetic sensibility through Drama and Art

MODULE 2: DRAMA AND ART AS A MEDIUM FOR COMMUNICATION AND SOCIAL CHANGE (1 Credit)

Unit 3: Drama and Art for Pedagogy

- a) Drama and Art for self-realization
- b) Drama and Art for children with special needs
- c) Drama and Art for creative expression

Unit 4: Drama and Art for Social Intervention

- a) Understanding social and environmental issues through drama and art
- b) Understanding local culture through drama and art
- c) Understanding global culture through drama and art

MODULE 3: SUGGESTED TASK/ASSIGNMENT ACTIVITIES (1 Credit)

Following activities can be organized under the course:

- a) Script writing
- b) Street play

- c) Visit to an Art gallery
- d) Visiting/Organizing exhibitions
- e) Visiting/Organizing cultural festivals
- f) Report on the folk life
- g) Interview with experts from the field like artists, actors, singers, writers, poets, painters, musicians, dancer etc
- h) Appreciation of a film/drama/novel/folk drama, etc.
- i) Workshop on developing short plays/ street play for educational, entertainment or social / environmental relevance
- j) Workshop on preparing a script for a radio programme to propagate a social behaviour or awareness of social issues
- k) Organizing art, craft and music exercises with small groups followed by discussions and presentation.
- l) Workshop –Developing theatre skills, pottery, folk dance, animations depicting culture and art.
- m) Review the position paper National Focus Group on Arts, Music, Drama and Theatre by NCTE on Drama for children with special needs.
- n) Visit a centre for children with special needs and observe the use of drama and art in the activities conducted.

Assignments:

- a) Role Playing' activity for historical / contemporary personalities wherein students play the role of that personality to advocate his/her opinions/decisions/thought processes (for example, Akbar, Hitler, Galileo, Bhagat Singh etc.) and write a reflective essay highlighting the elements of stagecraft.
- b) Develop and present a lesson using any one technique of Drama and Art **Or** using any Art form
- c) Developing masks and puppets to teach any topic in their methods, present a lesson using it. Submission of a lesson plan is required.

- Akademi South Asian Dance, UK http://www.southasiandance.org.uk/
- Andrewes, E.: A Manual for Drawing and Painting, Hazall Watson and Viney Ltd., 1978
- Carini, P.F. (2001). Valuing the immeasurable. In Starting strong: A different look at
- *children, schools, and standards* (pp. 165–181). New York: Teachers College Press, CCRT official website
- Chawla, S.S. (1986). Teaching of Art. Patiala: Publication Bureau, Punjabi University.
- Dodd, N. and Winifred, H. (1971/1980). Drama and Theatre in Education, Lundon: Heinmann.
- Doshi, Saryu (Ed.), —Marg–A Magazine of the Arts Trends and Transitions inMumbai: IndianMargPublications, Art||Vol. XXXVI No. 2, 1984.
- Efland, A. D. (1990). A history of Art Education: Intellectual and social currents in teaching the visual arts. New York, NY: Teachers College Press.
- Harriet, G. (1964). Art in Everyday Life. Calcutta: Oxford and IBH Publishing Company.
- John, B., Yogin, C., &Chawla, R. (2007). Playing for real: Using drama in the classroom. Macmillan.

- Khokar, Mohan, Traditions of Indian Classical Dance, Delhi: Clarion Books, First ed.,1979., London, 1973
- Khanna, S. and NBT (1992). Joy of Making Indian Toys, Popular Science. New Delhi: NBT.
- McCaslin, N. (1987). Creative Drama in the Primary Grades. Vol. I and In the Intermediate Grades, Vol. II, New York/London: Longman.
- Mishra, A. (2004). Aaj bhi KhareinhaiTalaab, Gandhi Peace Foundation, 5th Edition.
- Prasad, D. (1998). Art as the Basis of Education, NBT, New Delhi.
- Sahi, J. and Sahi, R. (2009). Learning Through Art, Eklavya.
- Shirley, G. (2000). Art, an A to Z guide. Franklin Watts: USA.
- Vaze, P. (1999). How to Draw and Paint Nature. Jyosna Prakashan: Mumbai.
- Ward, A. (1993). Sound and Music. Franklin Watts: New York.

Websites:

- Athiemoolam,L. Drama-In-Education and its effectiveness in English Second/Foreign classes, www.uni-oldenburg.de/zsn
- Arts Education Matters: We know, We Measured it, http://www.edweek.org/ew/articles/2014/12/03/13greene.h34.html
- Bhattacharya, K.K. & Gupta, D.D.: Interpreting theatre as a communication medium, http://www.caluniv.ac.in/global-mdia-journal/ARTICLEDEC2013/
- Boudreault, C.: The benefits of using drama in the ESL/EFL classroom,
- http://iteslj.org/Articles/Boudreault-Drama.html
- Dewey, J.: Art as an experience, http://plato.stanford.edu/entries/dewey-aesthetics/
- Drama in education, https://www.questia.com/library/education/curriculum-and instruction/drama-in-education
- Drama Games, http://en.wikipedia.org/wiki/Drama_Teaching_Techniques
- Drama Strategies, http://dramaresource.com/strategies/69-drama-techniques
- Importance of Arts education, http://www.educationfund.org/programs/artoffoundobjects/importance of Arts Education

AUDIT COURSE 1 (AC 1) UNDERSTANDING THE SELF

Total Credits: 3

(To be certified by the Institute in Semester IV)

Objectives

- 1. To develop holistic and integrated understanding about themselves.
- 2. To identify their potential and challenges.
- 3. To undertake self reflection.
- 4. To maintain peace and harmony within themselves.
- 5. To manage conflict effectively.

MODULE: 1 THE WORLD WITHIN THE SELF

(1 Credit)

Unit 1: Exploring the Self

- a) Exploring self identity and self image
- b) Analysis of strengths, weaknesses, opportunities, challenges. (SWOC)
- c) Techniques of Self Reflection (Reflective Diary, Creative Imagery, Reflective Dialogue and discussion, Social media like blog and online communities)

Unit 2: The Evolving Self

- a) Development of self esteem and self confidence
- b) Management of emotions.
- c) Positive thinking

MODULE: 2 SELF AND THE WORLD

(1 Credit)

Unit 3: The Emerging Self

- a) Personal mastery through self compassion, spirituality and value system.
- b) Harmony and peace with self through mindfulness.
- c) Development of resilience.

Unit 4: The Caring Self

- a) Empathetic listening and sensitivity.
- b) Assertive self expression.
- c) Conflict resolution.

MODULE 3: SUGGESTED TASK/ASSIGNMENT ACTIVITIES

(1 Credit)

- a) Present a narrative on —Your Journey as a person. Include major insights, takeaways, breakthroughs achieved and action plans for the future
- b) Prepare a student portfolio containing evidences of your strengths in the form of creative art/ writing/ pictures of your achievements/ testimonials/ appreciation received. How have these achievements helped you to evolve as a person by helping you build a positive self image?
- c) Identify one personal conflict experienced and the process of resolution of the conflict.

- http://www.wikihow.com/Identify-Your-Strengths-and-Weaknesses
- http://www.mindtools.com/pages/article/coaching-self-awareness.htm
- http://www.selfawareness.org.uk/news/understanding-the-johari-window-model
- https://tojde.anadolu.edu.tr/tojde42/articles/article_2.htm
- http://cie.asu.edu/ojs/index.php/cieatasu/article/viewFile/225/127
- http://www.azimpremjiuniversity.edu.in/sites/default/files/userfiles/Mythili_Ramcha nd.pdf
- http://www.teachingenglish.org.uk/article/reflective-teaching-exploring-our-ownclassroom-practice
- http://www.qou.edu/english/conferences/firstNationalConference/pdfFiles/zaidOdeh.pdf
- http://cie.asu.edu/ojs/index.php/cieatasu/article/viewFile/225/127
- http://digitalcommons.liberty.edu/cgi/viewcontent.cgi?article=1740&context=doctoral
- http://www.ucd.ie/t4cms/Reflective%20Practice.pdf
- http://www.waikato.ac.nz/tdu/pdf/booklets/18_ReflectivePractitioner.pdf
- http://www.learning-theories.com/experiential-learning-kolb.html : Kolb's Experi Learning
- http://www.nathanielbranden.com/ess/ess12.html: Theory of Self Esteem by Nathaniel Brandon.
- http://www.mindtools.com/pages/article/newTCS_06.htm : Positive thinking.
- http://www.mas.org.uk/uploads/articles/Resilience_and_strengthening_resilience_in_in dividuals.pdf: Resilience
- http://www.yorku.ca/rokada/psyctest/rosenbrg.pdf :Rosenberg Self Esteem Scale.
- http://web.stanford.edu/class/msande271/onlinetools/LearnedOpt.html: Test on Learned Optimism.
- http://www.mindfulnessresource.org/category/toronto-mindfulness-scale/: Toronto Mindfulness Scale.
- Duval, T. S., & Silvia, P. J. (2001). Self-awareness and causal attribution: A dual systems
- theory. Boston: Kluwer Academic.
- Duval, T. S., & Silvia, P. J. (2002). Self-awareness, probability of improvement, and the self-serving bias. Journal of Personality and Social Psychology, 82, 49-61.
- Phillips, A. G., & Silvia, P. J. (2004). Self-awareness, self-evaluation, and creativity. Personality and Social Psychology Bulletin, 30, 1009-1017.
- Povinelli, D. J., & Prince, C. G. (1998). When self met other. In M. Ferrari& R. J. Sternberg (Eds.), Self-awareness: Its nature and development (pp. 37-107). New York: Guilford
- Mullen, B. & Suls, J. (1982). Know thyself: Stressful life changes and the ameliorative effect of private self-consciousness. Journal of Experimental Social Psychology, 18, 43-55.
- Lewis, M. & Brooks-Gunn, J. (1978). Self knowledge and emotional development. In M. Lewis & L. Rosenblum (Eds.), The development of affect: The genesis of behavior, 1 (pp. 205-226). New York: Plenum Press.
- Luft J and Ingham H. (1955). The Johari Window: a graphic model for interpersonal relations, University of California Western Training Lab.
- Brooks field, S. D. (1995). Becoming a critically reflective teacher. San Francisco, CA: John Wiley & Sons, Inc.